

Transforming Children's Mental Health in America

CAFB Branch Update Summer 2006

<http://systemsofcare.samhsa.gov>



We are extremely pleased that the next Children's Services Program Grantee Meeting will be held in Atlanta, GA, from January 30 – February 1, 2007, featuring "collaboration" as the theme. None of us can do this work alone, and having the National Mental Health Association as a co-sponsor signifies our desire to expand coalitions and our continued quest to transform our children's mental health system in America.

Perhaps the most significant collaborations we can form are with youth and families. Human services are all about relationships and our ability to form effective partnerships. Finding ways to make sure that youth and families have meaningful, decision-making roles in the service delivery system is a hallmark of our program and improves outcomes!

Sincerely,
Gary Blau and
Diane Sondheimer

A HUGE SUCCESS !



Over 2000 administrators, providers, family members and youth attended the 11th National Training Institutes July 12-15 in Orlando, Florida. The Institutes are organized every two years by the Georgetown University National Technical Assistance Center for Children's Mental Health. This year's Institutes had a special focus on effective community service delivery practice that is family driven and youth guided. The Institutes opened with a plenary presentation by A. Kathryn Power, Director of the Center for Mental Health Services as well as by our own Dr. Gary Blau. They were followed by a discussion on responses to trauma resulting from natural and other disasters. State of the art programs and service delivery strategies from around the country were featured in over 90 Institutes, Workshops, and Special Forums, allowing participants to explore their areas of interest. An awesome Youth Leadership Track offered training opportunities for youth who, in turn, learned to use audio and visual media to share their stories with the larger audience.

Handouts, power points, and audio tapes of all the presentations at the Institutes will soon be available through the National Technical Assistance Center's Website so that participants, and those who could not attend, can take advantage of all the valuable learning from the many institutes and workshops. Congratulations to all for making this a tremendous success.

3 Hojas Informativas en Española esta Disponible.

3 Fact Sheets in Spanish now available!

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Sistemas de cuidado

...es una red coordinada de servicios comunitarios y apoyos que se organizan para responder a las luchas que afrontan los niños y jóvenes con necesidades severas de salud mental y sus familias. Para recibir copias (to order copies) llama (call) 1-800-789-2647, entonces imprime (then press) 2, y pide (ask for) SMA-4197 /2006.



Déficit de atención / hiperactividad, TDAH (ADHD, por sus siglas en inglés) en los niños.

Existen tres tipos del TDAH: el tipo hiperactivo-impulsivo, el tipo desatento y un tipo que es una combinación de ambos. Para recibir copias (to order copies) llama (call) 1-800-789-2647, entonces imprime (then press) 2, y pide (ask for) SMA-4196 / 2006.



Bipolar en los niños

...es un trastorno cerebral que causa cambios persistentes, abrumadores e incontrolables en el humor, actividades, pensamientos y conductas. Para recibir copias (to order copies) llama (call) 1-800-789-2647, entonces imprime (then press) 2, y pide (ask for) SMA-4199 / 2006.

New CAFB Resources Available



Major Depression

Children and youth with major depression have negative feelings that go beyond having a "bad day," having the "blues," or being in a "bad mood." If left untreated, major depression puts children and youth at risk for school failure, relationship difficulties, early pregnancy, drug abuse, and suicide.

To order copies call 1-800-789-2647, then press 2, ask for SMA-4198 / 2006.



Conduct Disorder and Oppositional Defiant Disorder

Children and youth with either or both of these disorders have difficulty complying with rules and authority figures. Of the two disorders, conduct disorder is the most severe, but ODD is also serious.

To order copies call 1-800-789-2647, then press 2, ask for SMA-4200 / 2006.

Many resources can be downloaded at [:http://systemsofcare.samhsa.gov](http://systemsofcare.samhsa.gov). Just click on Publications, then Children and Families, and scroll through titles.

The Family Resource Centers, based on school campuses in Fort Worth, TX., provide mental health care and support to the families of the Fort Worth Independent School District. At the Family Resource Centers, families are approached with respect, and children are valued for their special strengths.

The Family Resource Center team, working with the family, creates a system of care addressing the unique needs of each family. The Centers work with various Tarrant County agencies to provide: 1) Assessment, 2) Individual and Family Counseling and 3) Family Education and Support Groups. Visit: www.mentalhealthconnection.org/fam_resource.html.

Upcoming Training Opportunities

At the Technical Assistance Center Georgetown University

"Fundamento en Práctica"

Desarrollando Destrezas Estratégicas para Líderes del Sistema de Cuidado

Primer Training

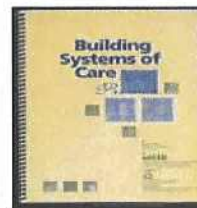
"Fundamento en Práctica" es una iniciativa para enriquecer la capacidad de los líderes envueltos en el desarrollo de sistemas de cuidado para niños con desórdenes emocionales y sus familias. Los componentes de "Fundamento en Práctica" incluyen: una sesión de dos días para desarrollar destrezas basado en la estructura organizacional y estratégica de la construcción de sistemas de cuidado para niños con desórdenes emocionales y sus familias como está descrito en Construyendo Sistemas de Cuidado: Fundamento por Sheila A. Pires; un currículo de desarrollo de destrezas y una red continua de ayuda de iguales y asistencia técnica conectada a través de un servicio de lista vía correo electrónico.

Audiencia: la audiencia a la que se dirige este "Fundamento en Práctica" es a los constructores

de sistemas, definido como todas las partes interesadas a nivel nacional, estatal y local (familias, jóvenes, proveedores, personal, administradores, personas que hacen leyes y política, investigadores y evaluadores) quienes proveen liderazgo en el desarrollo de sistemas de cuidado.

Propósito del currículo del "Fundamento en Práctica": El propósito del currículo de desarrollo de destrezas es proveer una herramienta para constructores de sistemas que fortalezca sus habilidades para pensar y operar de manera estratégica en la construcción de sistemas de cuidado y que usen esta herramienta con otras partes interesadas en sus actividades respectivas al desarrollo del sistema.

Para mas informacion llame a: Gary Macbeth, 202-687-5052 gfm5@georgetown.edu



Primer Hands On: System of Care Training for Leaders

will be offered November 8-9, 2006 in Washington, DC. Announcements on registering for the training will go out in September from the Georgetown National Technical Assistance Center, the Technical Assistance Partnership, the Federation of Families for Children's Mental Health and the Statewide Family Networks Technical Assistance Center. Please check the Georgetown National Technical Assistance Center website: <http://gucchd.georgetown.edu> for more information about the training.